

# Breathe Again™



## Product Summary

Breathe Again™ Essential Oil Roll-On is a proprietary blend of oils specially formulated to support respiratory health. Breathe Again contains four powerful eucalyptus oils: *Eucalyptus staigeriana*, *Eucalyptus globulus*, *Eucalyptus radiata*, and Young Living's original Ecuador single, Eucalyptus blue. Eucalyptus oils contain high amounts of cineole, which has been studied for its potential to support healthy lung function. The essential oils peppermint, myrtle, and copaiba also play an integral part in this blend. Breathe Again is available in a portable roll-on applicator, making natural relief available anywhere.

## Product Story

Ideal for invigorating the senses, Breathe Again is Young Living's all-natural answer to fighting the congestion that accompanies winter sniffles. Well-known for supporting the respiratory system, the eucalyptus oils in Breathe Again aid in awakening the airwaves and opening the nasal passages. By rubbing Breathe Again on the chest or under the nose, this Young Living Therapeutic Grade™ (YLTG) oil blend is designed to promote healthy sinus function.

## Key Ingredients

*Eucalyptus staigeriana*, *Eucalyptus globulus*, *Eucalyptus radiata*, and Eucalyptus blue all have natural plant compounds which aid in restoring respiratory health. Eucalyptus has also been studied for immune system enhancement and improved nasal function<sup>1</sup>.

Peppermint essential oil, *Mentha piperita*, is one of the most highly regarded herbs for soothing discomfort. It has also been found to relieve tension and discomfort of the neck and head.

Myrtle essential oil, *Myrtus communis*, is supportive of the respiratory system. It has been researched for its soothing effects when inhaled.

Copaiba oil, *Copaifera reticulata*, has traditionally been used to relieve joint and stomach discomfort. Traditional healers have also used copaiba in teas to support proper digestion.

Blue Cypress, *Callitris intratropica*, is a unique essential oil grown and distilled in the outback of Australia. The oil has been studied to support the body's natural response to irritation.

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## Primary Benefits

- + Eucalyptus essential oils soothe respiratory function.
- + Breathe Again Essential Oil Roll-On helps support proper immune system function.
- + The combination of peppermint, myrtle, and copaiba essential oils can help reduce localized discomfort.
- + The essential oil roll-on offers portability and convenience in a no-mess application.

## How To Use

Apply generously to chest or under the nose every fifteen minutes for up to four applications.

## Did you know?

- + Copaiba is the only essential oil extracted through tapping, similar to how maple and rubber are gathered.
- + Through extensive research, Young Living has discovered that the most potent form of copaiba essential oil is found in a particular grove of copal trees just outside the Amazon rain forest basin.

## What Makes This Product Unique?

Breathe Again Essential Oil Roll-On offers the benefits of YLTG essential oils in a new application. The unique roll-on applicator offers convenient, no-mess application for your favorite essential oils.

## Caution

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, please consult a healthcare practitioner prior to use. Keep away from eyes and mucus membranes; avoid using on or near sensitive skin.

<sup>1</sup>Juergens U.R., Dethlefsen U., Steinkamp G., Gillissen A., Repges R., Vetter H. "Anti-Inflammatory Activity of 1,8-cineol (eucalyptol) in Bronchial Asthma: A Double-Blind Placebo-Controlled Trial." *Respir Med.* 2003 Mar; 97(3):250-6.