

## Product Summary

Essentialzymes-4 is a multi-spectrum enzyme complex specially formulated to aid the digestion of dietary fats, proteins, fiber, and carbohydrates commonly found in the modern, processed diet. Essentialzymes-4 combines both animal- and plant-based enzymes into a single solution to help the body more completely break down problematic foods such as high fats and excessive starch. The dual time-release technology releases the animal- and plant-based enzymes at separate times within the digestive tract, allowing for optimal absorption of key nutrients and amino acids. The plant-based enzyme capsule is designed to release immediately upon entering the stomach, where the pH environment is broad, acidic, and more conducive to plant-based enzyme breakdown and proper absorption. The animal-based enzyme capsule is formulated to delay its release in the lower intestine region, where the environment is more alkaline and the pH level is better suited for animal-based enzyme breakdown and proper absorption.

## Primary Benefits

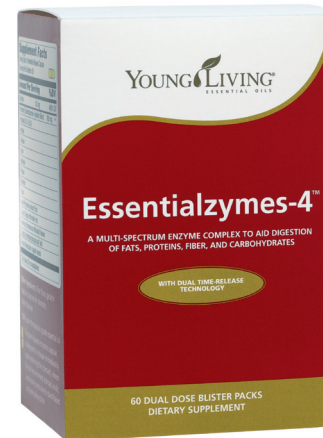
- + Helps with proper fat, protein, fiber, and carbohydrate breakdown and digestion.\*
- + Improves nutrient absorption.\*
- + Unlocks key food minerals and improves energy derived from foods\*
- + When consumed with meals, Essentialzymes-4 provides key digestive enzyme groups needed for the proper breakdown of fats, proteins, fiber, carbohydrates, and processed foods.\*
- + Formulated to support a more complete digestive cycle.\*
- + Daily use enhances nutrient absorption, unlocks food minerals, improves critical energy uptake derived from food, and supports the generation of vital amino acids needed for healthy cells and organs.\*
- + Each capsule is infused with essential oils such as lemongrass, ginger, and fennel to soothe and assist with minor intestinal discomfort.\*

## Who Should Take Essentialzymes-4?

- + Adults 18 years or older

## Suggested Use

- + Take 2 capsules with your two largest meals of the day.



Supplement Facts		
Serving Size: 1 Immediate Release Capsule		
Servings Per Container: 60		
Amount Per Serving		%DV
Riboflavin	8.3 mg	488% DV
Proprietary Essentialzymes-4 (yellow) Blend:	185 mg	**
Protease (3.0, 4.5, 6.0)		
Amylase		
Cellulase		
Lipase		
Peptidase		
Phytase		
Bromelain		
Papain		
Anise (Pimpinella anisum) <sup>†</sup> fruit		
Ginger (Zingiber officinale) <sup>†</sup> root		
Rosemary (Rosmarinus officinalis) <sup>†</sup> leaves		
Tarragon (Artemisia dracunculoides) <sup>†</sup> leaf		
Fennel (Foeniculum vulgare) <sup>†</sup> seeds		

\*\*Daily Value (DV) not established.

**OTHER INGREDIENTS** Rice flour, gelatin capsule, magnesium stearate, silicon dioxide

Supplement Facts		
Serving Size: 1 Delayed Release Capsule		
Servings Per Container: 60		
Amount Per Serving		%DV
Proprietary Essentialzymes-4 (natural) Blend:	225 mg	**
Bee Pollen Powder		
Pancreatin		
Lipase		
Ginger (Zingiber officinale) <sup>†</sup> root		
Fennel (Foeniculum vulgare) <sup>†</sup> seeds		
Tarragon (Artemisia dracunculoides) <sup>†</sup> leaf		
Anise (Pimpinella anisum) <sup>†</sup> fruit		
Lemongrass (Cymbopogon flexuosus) <sup>†</sup> leaves		

\*\*Daily Value (DV) not established.

**OTHER INGREDIENTS** Rice flour, HPMC capsule, magnesium stearate, silicone dioxide

## Cautions

- + If you are pregnant, nursing, taking medication or have a medical condition, consult a health-care practitioner prior to use.

- + Tarragon essential oil, when used in medicinal amounts, may be unsafe in pregnancy and lactation due to possible menstrual-promoting effects.
- + Keep out of reach of children.

## Did You Know?

- + Bromelain is a general name for proteolytic enzymes that are obtained from the stems and fruit of pineapple.
- + Ginger is used in many applications as a digestive aid.
- + Lemongrass essential oil is used in many teas to soothe minor digestive discomfort.
- + Fennel was used to ward off evil spirits and to protect against spells believed to be cast by witches and is listed on one of the oldest known medical records, the Ebers Papyrus, which dates from the 16th century B.C.

## Complementary Products

- + Slique Tea™
- + NingXia Red®
- + JuvaPower®
- + JuvaTone®
- + DiGize™

## Key Scientific Studies

- + Picon P.D., Picon R.V., Costa AF., *Randomized clinical trial of a phytotherapeutic compound containing Pimpinella anisum, Poeniculum vulgare, Sambucus nigra, and Cassia augustifolia for chronic constipation.* Complementary and Alternative Medicine 2010, pg. 10:17.
- + Kelly G.S. Bromelain: *A literature review and discussion of its therapeutic applications.* Altern Med Rev 1996;1:243–25.
- + Lawless J. (1995) *The Illustrated Encyclopedia of Essential Oils.* Great Britain: Barnes and Noble, INC. pg 131.
- + Blumenthal, M. (2000) *Herbal Medicine, Expanded Commission E Monographs.* Austin, Texas, American Botanical Council pg. 124–129.
- + Lis-Balchin, Maria. *Aromatherapy Science: A guide for healthcare professionals.* Page 202:235.

## Product Information

- + Essentialzymes-4—60 dual dose blister pack
- + Item No. 4645

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.